

Indian Institute of Cosmetology,
and Nutrition



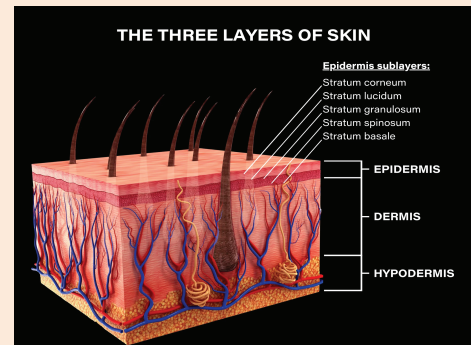
Because we Believe You Can!

Diploma in Skin Nutrition



Course Content For 1 Month

- Introduction to integumentary system (skin layers , cells
- functions)
- Nutrients and its role (macronutrients)
- Micronutrients and its role
- RDA chart, Menu planning
- skin ageing theories and diet
- factors affecting skin health + anti ageing nutrition
- skin infection, rosacea, skin blister
- Melasma and pigmentary disorders
- Hair fall and androgenic alopecia
- Eczema and Psoriasis
- Acne and oily skin
- Onchomycosis (nail infection) and brittle nails
- Supplements for anti ageing (Collagen, Vit E , Vit C, Vit A)
- Antioxidants and phytochemicals
- Resveratrol and liver detox



CASE STUDY for each disease and skin condition (assignments and exam)



A unique course covering all aspects of Food Nutrition & Dietetics

1

Center

7

Year

3000+

Happy Students

How is course unique ?

- Practical course with right mix of theoretical knowledge and practical knowledge
- Extensive coverage of course content including all the advanced topics in the field
- Emphasis on making diet plans for patients with various clinical conditions
- Very experienced and certified faculty
- Unlimited Whatapp based support for all the students after course completion
- Clear and Transparent dealings

We ensure every comfort for our students to that your main focus is to attend the course

CENTER DETAILS

- Center is in the heart of the city with ample public transport
- We provide assistance to outstation candidates to find suitable accommodation for them
- Center is open from 9 AM to 5 PM from Monday to Saturday



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What we do is what makes us Mediocre or Great....

ABOUT US



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Indian Institute of Cosmology,
and Nutrition

**Indian Institute of Cosmetology,
Aesthetics and Nutrition (I2CAN)**

Wellness and Beauty industry is thriving in India. It employs more than 10 Lakh people and is growing at a rate of 15% annually. We at Indian Institute of Cosmetology, Aesthetics and Nutrition (I2CAN) have a vision of creating world class skills in the field of Wellness and Beauty industry. Our motto is to make our courses available to everyone and Empower them with the wealth of knowledge.

I2CAN courses are written with doctors in mind. These courses cover the widest spectrum of subjects in the industry ranging from advanced treatments in cosmetology, trichology, scientific weight management and nutrition. They are job oriented and impart right skills to individuals who are interested to work in Wellness and Beauty industry. These courses are equally helpful to entrepreneurs who want to setup their own practice.

**We strive to be the gold
standard in whatever we do**

SUPPORT AFTER COURSE COMPLETION

- 45 Day whatsapp support for all doctors after the end of their course
- Support in procurement of machines and material in case you need them for your center



Because we Believe You Can!

**You have arrived at the destination of
excellence**